

FOOD STANDARD & NUTRITION LABELING UNIT



NATIONAL PUBLIC HEALTH LABORATORY



**MINISTRY OF HEALTH
MALAYSIA**

INTRODUCTION

How the Nutrition Labeling and Claims benefit the consumer?

Every day consumers hear more and more about the importance of diet and nutrition in maintaining good health and preventing disease. Consumers now actively choose products for their quality and nutritional value.

Accurate nutrition labels and claims will convey the right nutritional information to consumers and allow them to compare the nutritional value of the products. This will assist them in making wise choices based on nutritional value.

Food Requiring Mandatory Nutrition Labeling :

Regulation No	Food Category
64-75	Prepared cereal food and bread
84-87,89-99& 113	Milk Products
135	Flour Confection
149,151,161& 220	Canned meat, fish and vegetable
233-242	Canned fruit and various juices
344 & 345	Salad dressing and mayonnaise
348-358	Soft Drink

PURPOSE OF ANALYSIS

- ♦ To provide the analysis services for the monitoring and enforcement of Malaysian Food Act 1983 and Food Regulations 1985.
- ♦ To verify the nutritional labeling and claims
- ♦ For labeling purposes
- ♦ Training and Reference Centre for Food Laboratories of Ministry of Health
- ♦ Participating in Proficiency Test Program such as FAPAS & FODAS
- ♦ Involved in current method development and research

SAMPLE REQUIREMENT

- ♦ The sample size is about 500 g for solid samples and 500 ml for liquid samples
- ♦ Type of sample :
 - Processed food
 - Beverages
 - Raw food (e.g, flour)

